

Subj: **workshop**  
Date: 9/7/2004 8:38:39 PM Eastern Standard Time  
From: \_\_\_\_\_@cox.net  
To: [PETERSKLAR@aol.com](mailto:PETERSKLAR@aol.com)

Dear Peter,

I just wanted to tell you what a great time I had at workshop. I just got home from New England and wanted to make sure you new that my experience this year was amazing and I learned so much. I also came last year but coming for my second year was a totally different experience and I got so much out of it!

I also wanted to let you know that I am interested in being an assistant. I just got the packet of information in the mail today. I would also like to attend the Columbus Day weekend mini-workshop. I was talking to my parents this evening and my mom will have the application in the mail in the next day or so.

Can't wait to see you and I had a great time! I am trying very hard to enforce a better diet for myself by using the nutritional information you gave me while I was at workshop.

Brittany Cochran