

Subj: **Thank You!**
Date: 7/15/2005 5:51:05 PM Eastern Standard Time
From: r. g@hotmail.com
To: petersklar@aol.com

Dear Mr. Sklar,

Thank You for inviting my sister and I to the Workshop. You were right, (like always...) it was a life changing experience! The food was better than I thought it would be, and it was easy to get used to! I enjoyed all my classes and all my instructors, and especially my coaching sessions. I'm eating ALOT healthier now, and because of that, i'm feeling better, I have less stomach aces, and less headaches, etc. Right after the Workshop, my family and I went to Hershey, PA., and it was VERY hard to resist all the chocolate! I'm @ my Grandma's house now, and she cooks very good and healthy meals. Anyway, back to the Workshop... The best friend's I ever had were @ that Workshop and one of my chaperones, (Emily Stevens) said she lives about 20 min. away from where I'm moving, so, mabey I'll get to see her again! I'm upset that I'm moving from San Antonio, TX. We didn't even get to go to the Alamo with you! (Boo - Hoo!) Well, we'll go some time, won't we ? I here Colorado Springs is a very pretty place, though. Well, I'd really like to go back to the Workshop one day. I learned alot. If you don't mind, I'd like to write you again. I'll tell my sister to write you too, and I KNOW she loved the Workshop as much as I did. She'll be happy to write you. I'm going to go take a nap. My parents have a surprise planned for tonight!!! I'm really exited! Got to go!
MEGAN BECKER (11)

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